

## Client Waiver - Please read carefully and complete

The information supplied by you on this form will be treated as strictly confidential. Please ensure that the information is complete and accurate.

### Personal Information

Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Street: \_\_\_\_\_ Suburb: \_\_\_\_\_

Phone : \_\_\_\_\_ Email : \_\_\_\_\_

Don't want to miss anything? Receive studio e-news and updates.  Yes  No

Are you eligible for a student / pensioner concession ?  Yes  No

Please specify: \_\_\_\_\_

Are there any specific injuries, ailments, medical conditions or medications that your instructor should know about?  Yes  No

Briefly outline: \_\_\_\_\_

In case of emergency, please contact Name : \_\_\_\_\_ Phone : \_\_\_\_\_

I, \_\_\_\_\_, agree without reservation to the following:

#### Acknowledgement – Health & Safety

- I acknowledge that I am participating in yoga and Pilates classes as well as other programs or workshops offered by ensō yoga during which I will receive information and instruction in basic yoga, Pilates and fitness training.
- I am aware that yoga and Pilates classes are practiced in a heated room.
- I acknowledge that my own health and safety is my responsibility.
- I attest that I am in good physical condition and do not suffer from any known disability or medical condition which would prevent me from safe participation in activities and programs offered by ensō yoga.

#### Assumption of Risk:

- I acknowledge that even with clear instruction, there is a possibility of personal injury associated with participating in the activities and programs offered by ensō yoga.
- I am aware of the risks, dangers, and hazards associated with exercise and in particular with the practice of yoga and Pilates in a heated room.
- I acknowledge that the floor can become slippery in a heated room.
- I accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, damage or loss resulting therefrom.

#### Terms & Conditions

Visit our website at [www.ensoyoga.com.au](http://www.ensoyoga.com.au) for full terms and conditions.

#### Release and Waiver

I hereby agree as follows:

- I release, waive and discharge ensō yoga, its directors, employees and instructors (all of whom are collectively referred to as the "Releases") from any and all liability for any personal injury, loss, property damages or expense arising out of or sustained in the course of my participation in the activities and programs offered by ensō yoga both on and off of the ensō yoga premises including negligence on the part of the Releases to safeguard or protect me from the risks, dangers, and hazards referred to above, and including any duty of care owed under the Occupiers Liability Act.
- I agree that Enso Praxis trading as ensō yoga is not responsible in the event of loss, damage, unauthorized use, theft or injury resulting from and to any personal property that I bring onto the premises.
- I recognize that this Agreement and Release and Waiver is a legal contract and that it is intended to be as broad and inclusive as permitted by Australian law.
- I have read this document carefully and I fully understand its contents and meaning. I recognize that by signing this document I am waiving certain legal rights, including the right to sue and I sign it of my own free will.

Participant Signature: \_\_\_\_\_ Date : \_\_\_\_\_